

# Sample Schedule

- 7:30- 8:30. Drop offs and free play
- 8:30. Breakfast.
  - If your child arrives after 8:45, we will be putting breakfast away. Please make sure your child is already fed by this time.
- 9:00. Clean up and get ready for the day
- 9:15. Morning Meeting and Guided Activities
- 10:30. Outside Play
- 11:30. Indoor play/guided activity/educational show while lunch is prepped
- 12:00. Lunch
- 12:30. Nap prep- books and music
- 12:45- 2:45. Nap/Quiet Time
- 2:45-3:15. Wake Up, Snack, Quiet Play
  - Wake up Times are flexible between 2:30 and 3. Children who wake up earlier than others will be allowed to go into another area.
- 3:15. Free play/Storytime/Large Motor Activities
- 4:30. **End of Day**